A Clínica Ampliada e as Políticas de Assistência Social: uma Experiência com Adolescentes no Programa de Atenção Integral à Família

The Extended Clinic and the Social Assistance Politics: an Experience with Teenagers in the Program of Comprehensive Attention to the Family

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Abstract

This paper describes an experience of intervention in the Program of Comprehensive Attention to the Family (PAIF). The PAIF is part of the social assistance politics and aims to promote the generation of employment, autonomy and empowerment of families in situation of social vulnerability. The experience reported was conducted by professionals of psychology and social work, with a group of nine adolescents, and was based on resiliency studies. It was done an psychoeducational workshop, in ten group sessions, that focused on strengthen individual protective factors, such as positive self concept, social skills and health coping strategies to everyday life demands. The observation of the adolescents reports during the sessions allow to identify adherence to the group, problems self-reveal, insights on coping resources, reconstruction of the bonds among them and strengthening of the identity. It is discussed the contextual factors the supported and impaired the implementation of the intervention, the challenges for the interprofessional work and the implications for the professional formation.

Keywords: Program of Comprehensive Attention to the Family; prevention; extended clinic.

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